

## Overview of Value Adds at UHC for Wisconsin Bankers Association

### MyUHC.com

- Health Risk Assessment
- Online Health Coaching
- Personal Health Record
- myHCE – myHealthcare Cost Estimator tool
- myClaims Manager – manage and pay claims online

### Health4Me – phone app

United Health Allies - Health Discount Program; Discounts 5-50% on Health and Wellness related products and services

### Care24 Nurse line, Counselors, Legal Advisors

No-charge phone calls 24 hours per day - in addition, members can receive 3 free face to face visits with counselor through this program

Healthy Pregnancy Program – Support for expecting parents.

Flu Shots 100% coverage for flu shots received at network provider and ideas for setting up a worksite flu shot event at no cost to the employer

Complimentary Health Screenings at any network provider

Telephonic Wellness Coaching: Weight, Tobacco, Stress, Nutrition, Exercise, Diabetes, Heart Health.

Fitness Reimbursement Program: Visit a Participating gym 12 times in a month and earn a \$20 reimbursement each month for both the employee and spouse if covered under the health plan.

Health Advisors: Customer Service Representatives who are trained to resolve problems quickly the first time for Medical, Financial, Pharmacy. They can also help the member find a provider and schedule an appointment.

### Rally – Wellness Program

### Motion HSA – Earn dollars in your HSA account by walking and tracking steps

UnitedHealthcare Benefit Services – complementary HRA, FSA, Pre-Tax Premium Administration and COBRA/State

Continuation Administration.

Real Appeal – Comprehensive weight loss program providing members with all of the exercise, nutrition and coaching support necessary to lose weight.

Quit for Life – Smoking cessation program; partnership with American Cancer Society providing, coaching, digital tools, on-line learning, urge management tools and nicotine replacement therapy, Certificate available upon completion.

Cancer Support Program – Resources for members and family dealing with cancer

Special Needs Program – Dedicated point of contact for families with children with special needs

### Employer Resources

Communication Resource Center: Available through Employer eServices and [www.uhctools.com](http://www.uhctools.com)

- Tools For Wellness with topics such as Nutrition, Weight Management, Smoking Cessation, Stress Management, Back Health, Preventive Care, and more. Newsletter templates and communication tools.